



Make your health a priority this fall. Get your seasonal flu shot.



This year's seasonal flu vaccine also protects against the H1N1 virus. Read more about influenza and flu vaccines at www.myuhc.com[®] or on the Centers for Disease Control and Prevention Web site at www.cdc.gov/flu¹

The flu shot may or may not be a covered benefit, and a normal office copay, coinsurance, or deductible may apply. Check your plan benefits for specific coverage details.

Flu season is here, and it's more important than ever for you to take care of your health. By getting a flu shot, you can help reduce your chances of catching this season's flu allowing you to focus on other activities.

Flu shots are available for UnitedHealthcare members

There are several ways you can obtain this year's vaccine:

- Visit your physician, health clinic, or a network Convenience Care Clinic. To locate a network provider, visit myuhc.com or call the member phone number listed on your ID card.
- Participate in your employer sponsored flu shot clinic, if offered.
- Go to one of UnitedHealthcare's contracted flu shot providers:

Walgreens walk in clinics

- Members may go to any Walgreens retail store with their Insurance ID card and obtain a flu shot on a walk-in basis.
- Worksite Clinics are also available

VaxAmerica

- Convenient on-site employer clinics
- Simple claim process - no member paperwork
- Many care sites in 48 states (not available in Alaska or Hawaii)

Mollen Immunology Clinics

- UnitedHealthcare members may locate flu shot providers online or by calling a toll-free number.
- Access www.FluShotsUSA.com to utilize "Flu Shot Locator"
- Call 1-877-279-3588 to utilize an automated voice response system
- Mollen Immunization Clinics also offer on-site clinics for a minimum of 25-30 pre-registered people



¹ UnitedHealthcare is not affiliated with this website.

Sources: <http://www.cdc.gov/flu/about/qa/vaccineeffect.htm>http://www.cdc.gov/mmwr/preview/mmwrhtml/rr56e629a1.htm?s_cid=rr56e629a1_e

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