



Select Designated Pharmacy program

Health care costs are always changing - and usually going up. Fortunately, there are new medications introduced each year. This creates competition, which can lead to lower prices on some medications. As health care consumers, we need to be aware of our options and make good decisions to avoid paying too much.

The good news is that, you may have money-saving options and Select Designated Pharmacy program can help. You can change to a lower-cost medication to treat your condition and stay with your local pharmacy or continue receiving your current medication from the mail-order pharmacy.

How the program works:

Members using medications in the program must choose one of three options to continue to receive in-network benefits.



1. Switch to a lower-cost medication and save up to \$480* per year.

There are often many medications to treat a given condition. Some are very expensive, but others are more affordable. Consider a lower cost option, along with your doctor's advice.



2. Use our mail-order pharmacy and save up to \$90* per year.

If you want to keep taking your current medication - you can. Fill your prescription through our mail-order pharmacy and have a 90-day supply delivered to you.



3. Do both and you could save up to \$500* per year.

If you want the most savings, switch to a lower-cost medication and begin using the mail-order pharmacy. We'll contact your doctor on your behalf and take care of the legwork.



Medications included in the program:

Condition	Medication	Lower-cost alternative
Anticonvulsant/Nerve pain	Lyrica	gabapentin
Asthma/COPD	Symbicort	Advair**, Dulera**, Asmanex, Pulmicort, QVAR
Benign Prostatic Hyperplasia (BPH)	Avodart	finasteride, doxazosin, terazosin, tamsulosin
	Uroxatral	doxazosin, terazosin, tamsulosin
Depression	Lexapro	citalopram, fluoxetine, paroxetine, sertraline
Diabetes: Glucose test strips	Ascensia, Breeze, Contour, Freestyle, Glucometer, Precision	One Touch test strips, Accu-Chek test strips
Diabetes: Insulins	Novolog	Humalog
	Novolin	Humulin
High blood pressure	Atacand, Avapro	Benicar, Micardis, losartan potassium, lisinopril, ramipril
	Atacand HCT, Avalide	Benicar HCT, Micardis HCT, losartan potassium-HCTZ, lisinopril-HCTZ
Inflammatory bowel disease	Asacol, Asacol HD*	Apriso, Lialda, sulfasalazine
Migraine headaches	Axert, Frova, Maxalt, Maxalt MLT, Zomig, Zomig ZMT	Relpax, sumatriptan, naratriptan
Overactive Bladder (OAB)	Detrol, Toviaz	Enablex, Vesicare, Sanctura XR, oxybutynin, oxybutynin ext rel

*Asacol HD will be added to the Select Designated Pharmacy Program in cases where it cannot be excluded.

**Medication is Tier 3, but member may be eligible for a reduced copay through the Refill and Save Program. Medications and products subject to change.

Making the change:

We'll help you understand your choices and even contact your doctor on your behalf to present a lower-cost medication option or facilitate a change from the retail to the mail order pharmacy.

We're committed to providing you with affordable medication options and keeping health care costs down for everyone. For more information about this program, talk with your doctor, visit myuhc.com or call 1-866-682-5764 to speak to a pharmacy technician today.

*Potential savings estimates do not take into consideration any deductibles or other expenses that may apply. Potential savings estimates are based on UnitedHealthcare typical benefit designs and are calculated based on an average 30-day supply for retail or a 90-day supply for mail order. Your actual savings may vary.



This does not apply to PacifiCare or business administered by Prescription Solutions.

100-10381 3/11 C1298-01 © 2011 United HealthCare Services, Inc.